Can you write this query in SQL?

Produce meal plans as sets of recipes

Each set should contain between 3 and 6 recipes

Each recipe should have no more than 5g of saturated fat

All recipes in a set should have at least 140g of protein in total

Can you find the meal plan with the lowest preparation time?

Table: Recipes

name	calories	carbohydrates	fiber	protein	totaltime	saturatedfat	sugar	ļ
Creamy Ham and Beans	374	39	9.3	22.6	60	4.9	3.7	-
Crawfish in Red Sauce	324	49.8	11.6	17.8	25	2.1	14.9	
Spinach Pasta Salad	417	50.8	16.8	23.9	320	4.6	8.7	
Exchange Gang Pasta with Shrimp	191	13.8	2.7	29.6	730	0.4	6.6	
Slow Cooker Chicken Curry	259	25.1	4.5	33	35	10.8	3.1	
Boiled Crawfish	502	52.8	7.9	128.1	80	1.7	10.5	
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